

## SPIRITUAL 7-UP

---

Hebrews 10:38-39 Now the just shall live by faith: but if any man draw back, my soul shall have no pleasure in him. 39 But we are not of them who draw back unto perdition; but of them that believe to the saving of the soul.

### I. Rise up

#### A. It is time to arise from sleep

Proverbs 6:9-11 How long wilt thou sleep, O sluggard? when wilt thou arise out of thy sleep? 10 Yet a little sleep, a little slumber, a little folding of the hands to sleep: 11 So shall thy poverty come as one that travelleth, and thy want as an armed man.

1.

### II. Grow up

#### A. It is time to become more than you are now

Ephesians 4:14-15 That we henceforth be no more children, tossed to and fro, and carried about with every wind of doctrine, by the sleight of men, and cunning craftiness, whereby they lie in wait to deceive; But speaking the truth in love, may grow up into him in all things, which is the head, even Christ:

### III. Shut up

#### A. It is time to stop talking about each other

Proverbs 26:17-20 He that passeth by, and meddleth with strife belonging not to him, is like one that taketh a dog by the ears. As a mad man who casteth firebrands, arrows, and death, So is the man that deceiveth his neighbour, and saith, Am not I in sport? Where no wood is, there the fire goeth out: so where there is no talebearer, the strife ceaseth.

### IV. Stand up

---

A. It is time to stand for what is right

Luke 9:26 For whosoever shall be ashamed of me and of my words, of him shall the Son of man be ashamed, when he shall come in his own glory, and in his Father's, and of the holy angels

V. Look up

A. It is time to worship

B. It is time to rely on God

Hebrews 12:2 Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God.

VI. Lift up

A. It is time to encourage one another

Galatians 6:1-2 Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted. Bear ye one another's burdens, and so fulfil the law of Christ

VII. Move up

A. Someday it will be time to leave this world

1 Thessalonians 4:16-17 For the Lord himself shall descend from heaven with a shout, with the voice of the archangel, and with the trump of God: and the dead in Christ shall rise first: Then we which are alive and remain shall be caught up together with them in the clouds, to meet the Lord in the air: and so shall we ever be with the Lord.

---