



- 1 03Common Question: **Why do I _____ this way?"**
- 1 Biblical Answer: **Because of a _____ you made!"**
- 1 Biblical Solution: **Make a different _____ to feel
a different way!"**
- 1 **God wants to live in our _____ – not our feelings, but our choices!**
- 1 2 Corinthians 1:22 *Who hath also sealed us, and given the earnest of the Spirit in our hearts.*
- 1 **God wants us to obey His _____ – not just agree with it, but do it!**
- 1 Luke 8:15 *But [the seed] on the good ground are they, which in an honest and good heart, having heard the word, keep it, and bring forth fruit with patience.*
- 1 **God wants to _____ with us daily – not just when we feel like it!**
- 1 Ephesians 5:19-20 *¹⁹ Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord; ²⁰ Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;*
- 1 **God wants us to live above _____ – that takes a daily choice on our part!**
- 1 Galatians 5:16 *This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.*
- 1 **God wants our _____ – as an act of our will, not just our emotions!**
- 1 Hebrews 13:15 *By him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to his name.*
- 1 **There are days you won't " _____ " – but choose to do it anyway!**

THE HEART OF THE MATTER

Proverbs 4:23 (KJV) Keep thy heart with all diligence; for out of it are the issues of life.

Proverbs 4:23 (NLT) Above all else, guard your heart, for it affects everything you do.

1 **Proverbs 3:5** Trust in the LORD with all thine **heart**; and lean not unto thine own understanding.

1 **Matthew 6:21** For where your treasure is, there will your **heart** be also.

1 **Matthew 22:37** Jesus said unto him, Thou shalt love the Lord thy God with all thy **heart**, and with all thy soul, and with all thy mind.

1 **Matthew 18:35** So likewise shall my heavenly Father do also unto you, if ye from your **hearts** forgive not every one his brother their trespasses.

1 **Mark 11:23** For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his **heart**, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.

1 **Romans 10:9** That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine **heart** that God hath raised him from the dead, thou shalt be saved.

1 **Never does the Bible teach that “_____” are the central issue in living for God!**

1 **The Bible word for “feelings” is not “_____” but “_____”!**

2 Corinthians 6:12, Philippians 1:8, Colossians 3:12, Philemon 7, Philemon 12, Philemon 20, 1 John 3:17

1 **THE WORD “HEART” IN THE BIBLE COMES MAINLY FROM THE HEBREW WORD “LEB” AND THE GREEK WORD “KARDIA.”**

1 **In both Hebrew and Greek, the word for “heart” INCLUDES feelings, but is not _____ feelings!**

1 **The heart, biblically speaking, is the center of man’s life and his RATIONAL NATURE. So when the Bible uses the word “heart,” the proper synonym is not “_____,” but “_____.”**

1 That’s why the Bible says the heart can ...

1 presume (Esther 7:5)

1 stand steadfast (1 Corinthians 7:37)

1 obey (Romans 6:17)

1 perceive (Deuteronomy 29:4)

1 know (Proverbs 14:10)

1 understand (Isaiah 44:18)

1 ponder (Luke 2:19)

1 The Bible says the heart can also experience ...

1 love (1 Timothy 1:5)

1 hate (Leviticus 19:17)

1 joy (Isaiah 65:14)

1 heaviness (Proverbs 12:25)

1 despair (Ecclesiastes 2:20)

1 being darkened (Romans 1:21)

1 being hardened (Isaiah 63:17)

1 **Modern psychology continually finds evidence to prove that harmful feelings are caused by hurtful thinking, not vice versa!**

1 LOVE is first a choice, not a feeling!

1 HATE is first a choice, not a feeling!

1 JOY is first a choice, not a feeling!

1 HEAVINESS is first a choice, not a feeling!

1 **Proverbs 23:7a** For as [a man] thinketh in his heart, so is he:

1 **The condition of your heart will be determined in large part by your _____ and _____ to the Lord, to people, and to circumstances around you!**

POSITIVE HEART CHOICES		NEGATIVE HEART CHOICES	
Grieved Heart	Gen. 6:6	Evil Heart	Heb. 3:12
Willing Heart	Exo. 25:2	Hardened Heart	Exo. 4:21
Stirred Heart	Exo. 35:21	Deceived Heart	Deu. 11:16
Wise Heart	Exo. 35:35	Non-Perceiving Heart	Deu. 29:4
Another Heart	1 Sam. 10:9	Proud Heart	Psa. 101:5
Perfect Heart	1 Chr. 12:28	Presumptuous Heart	Est. 7:5
Tender Heart	2 Chr. 34:27	Hypocritical Heart	Job 36:13
Sorrowful Heart	Neh. 2:2	Lifted-up Heart	Deu. 8:14
Faithful Heart	Neh. 9:8	Firm, hard heart	Job 41:24
Soft Heart	Job 23:16	Iniquitous Heart	Psa. 41:6
Upright Heart	Job 33:3	Wicked Heart	Psa. 58:2
Communing Heart	Psa. 4:4	Erring Heart	Psa. 95:10
Heart of Wax	Psa. 22:14	Fat and Greasy Heart	Psa. 119:70
Pure Heart	Psa. 24:4	Evilly-exercised Heart	2 Pet. 2:14
Broken Heart	Psa. 34:18	Desolate Heart	Psa. 143:4
Panting Heart	Psa. 38:10	Despising Heart	Pro. 5:12
Failing Heart	Psa. 40:12	Deceitful Heart	Pro. 12:20
Proclaiming Heart	Psa. 45:1	Bitter Heart	Pro. 14:10
Fixed Heart	Psa. 57:7	Backslidden Heart	Pro. 14:14
Living Heart	Psa. 69:32	Foolish Heart	Pro. 15:7
Established Heart	Psa. 112:8	Human Heart	Pro. 15:11
Understanding Heart	Pro. 2:2	Abominable Heart	Pro. 26:25
Retaining Heart	Pro. 4:4	Double Heart	James 1:8
Sound Heart	Pro. 14:30	Wounded Heart	Psa. 109:22
Merry Heart	Pro. 17:22	Defiled Heart	Mat. 15:18
New Heart	Eze. 18:31	Rebellious Heart	Jer. 5:23
Fleshly Heart	Eze. 11:19	Arrogant Heart	Isa. 9:9
Purposeful Heart	Dan. 1:8	Evil-imagining Heart	Jer. 17:9
Pondering Heart	Luk. 2:19	Whorish Heart	Eze. 6:9
Forgiving Heart	Mat. 18:35	Stony Heart	Eze. 11:19
Unblameable Heart	1 The. 3:13	Weak Heart	Eze. 16:30
Blood-sprinkled Heart	Heb. 10:22	Despiteful Heart	Eze. 25:15
Nourished Heart	Jam. 5:5	Beastly Heart	Dan. 4:16
Sanctified Heart	1 Pet. 1:22	Divided Heart	Hos. 10:2
Assured Heart	1 Joh. 3:19	Gross Heart	Mat. 13:15
Honest, Good Heart	Luk. 8:15	Heavy Heart	Pro. 31:6
Burning Heart	Luk. 24:32	Reasoning Heart	Mar. 2:6
Single Heart	Act. 2:46	Envious, Striving Heart	Jam. 3:14
One Heart	Act. 4:32	Lustful Heart	Psa. 81:12
Opened Heart	Act. 16:14	Troubled Heart	Joh. 14:1
Obedient Heart	Rom. 6:17	Hard, Impenitent Heart	Rom. 2:5
Circumcised Heart	Rom 2:29	Uncircumcised Heart	Act. 7:51
Believing Heart	Rom. 10:9	Darkened Heart	Rom. 1:21
Steadfast Heart	1 Cor. 7:37	Anguished Heart	1 Cor. 2:4
Enlarged Heart	1 Cor. 6:11	Blind Heart	Eph. 4:18
Caring Heart	1 Cor. 8:16	Unknowing Heart	Heb 3:10
Singing Heart	Eph. 5:19	Condemning Heart	1 Joh. 3:20

Established Heart	Heb. 13:9	Overwhelmed Heart	Psa. 61:2
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