



7 Ways to Praise God

Psalm 149:1-9

Praise ye the LORD. Sing unto the LORD a new song, *and* his praise in the congregation of saints.

2 Let Israel rejoice in him that made him: let the children of Zion be joyful in their King.

3 Let them praise his name in the dance: let them sing praises unto him with the timbrel and harp.

4 For the LORD taketh pleasure in his people: he will beautify the meek with salvation.

5 Let the saints be joyful in glory: let them sing aloud upon their beds.

6 *Let the high praises of God be in their mouth, and a twoedged sword in their hand;*

7 To execute vengeance upon the heathen, *and* punishments upon the people;

8 To bind their kings with chains, and their nobles with fetters of iron;

9 To execute upon them the judgment written: this honour have all his saints. Praise ye the LORD.

Psalm 150:1-6

Praise ye the LORD. Praise God in his sanctuary: praise him in the firmament of his power.

2 Praise him for his mighty acts: praise him according to his excellent greatness.

3 Praise him with the sound of the trumpet: praise him with the psaltery and harp.

4 Praise him with the timbrel and dance: praise him with stringed instruments and organs.

5 Praise him upon the loud cymbals: praise him upon the high sounding cymbals.

6 Let every thing that hath breath praise the LORD. Praise ye the LORD.

I. Praise is an integral part of our relationship with God.

A. God inhabits our praise.

B. We should praise God without inhibitions.

C. Our praise glorifies God.

D. Our praise draws us closer to God and draws God closer to us.

E. People who do not praise are people who do not have power.

1. People who do not have power, struggle in their walk with God.

F. Not everybody understands our praise.

1. Some would label us or brand us crazy or weird.

G. There are 7 Hebrew words for praise.

H. Today, we want to look at the 7 Ways to Praise God.

II. Towdah....Sacrifice

Jeremiah 33:11

11 The voice of joy, and the voice of gladness, the voice of the bridegroom, and the voice of the bride, the voice of them that shall say, Praise the LORD of hosts: for the LORD is good; for his mercy *endureth* for ever: *and* of them that shall bring the **sacrifice** of praise into the house of the LORD. For I will cause to return the captivity of the land, as at the first, saith the LORD.

A. Sometimes our praise is a sacrifice.

B. This is the praise we offer to God when everything in our life seems to be upside down and topsy turvy.

Psalm 42:1-4

1 As the hart panteth after the water brooks, so panteth my soul after thee, O God.

2 My soul thirsteth for God, for the living God: when shall I come and appear before God?

3 My tears have been my meat day and night, while they continually say unto me, Where *is* thy God?

4 When I remember these *things*, I pour out my soul in me: for I had gone with the multitude, I went with them to the house of God, with the voice of joy and **praise**, with a multitude that kept holyday.

Same word...towdah.

C. During a time when the writer did not know where God was...verse 3....he still praised God.

1. This is a sacrificial praise.

D. This praise pushes through the walls of adversity.

III. Yadah...A verb with a root meaning "the extended hand, to throw out the hand"; therefore, "to worship with extended hand." The antonym is to bemoan by wringing of the hands. *Yadah* means to willfully throw your hands up to praise with power.

Psalm 134:2

2 Lift up your hands *in* the sanctuary, and bless the LORD.

A. Yadah is an outward sign of what the Lord has done inside you.

B. This is a proactive verb.

C. The use of this word in praise demonstrates a will, a desire and a purpose to praise God.

IV. Barak....Barak means "to kneel down, to bless God as an act of adoration."

Psalm 95:6

6 O come, let us worship and bow down: let us kneel before the LORD our maker.

Psalm 34:1

1 I will bless the LORD at all times: his praise *shall* continually *be* in my mouth.

A. There comes a time when every knee shall bow and every tongue shall confess that He is Lord.

1. Why not let it be now.

B. We need to learn to bend the knee in adoration now or we will bend the knee later in rejection.

C. We are so concerned about **being** blessed, let us learn to **do** some blessing.

V. The fourth Hebrew word for praise is Shabach.

- A. This means to address in a loud tone.
- B. This form of praise makes those who are not praisers uncomfortable.
- C. Those who are not praisers will find fault with those who shabach.

Ezra 3:11

11 And they sang together by course in praising and giving thanks unto the LORD; because *he is* good, for his mercy *endureth* for ever toward Israel. And all the people shouted with a great shout, when they praised the LORD, because the foundation of the house of the LORD was laid.

- D. We need to learn to vocalize our appreciation to God.
- E. Sometimes, we just feel like shouting because He's been so good to us.

Isaiah 12:6

6 Cry out and shout, thou inhabitant of Zion: for great *is* the Holy One of Israel in the midst of thee.

VI. Zamar

- A. To sing and/or play a musical instrument.

Psalms 150:1-6

Praise ye the LORD. Praise God in his sanctuary: praise him in the firmament of his power.

2 Praise him for his mighty acts: praise him according to his excellent greatness.

3 Praise him with the sound of the trumpet: praise him with the psaltery and harp.

4 Praise him with the timbrel and dance: praise him with stringed instruments and organs.

5 Praise him upon the loud cymbals: praise him upon the high sounding cymbals.

6 Let every thing that hath breath praise the LORD. Praise ye the LORD.

- B. God is well pleased when we sing and play instruments.
- C. Music is one of the most powerful influences in our lives.
- 1. It can make you happy, sad, angry, upset, agitated, calm and even change your heartbeat.

VII. The sixth Hebrew word for praise is Halal.

- A. Boast, celebrate or act madly and clamorously foolish.

Isaiah 38:18

18 For the grave cannot praise thee, death can *not* celebrate thee: they that go down into the pit cannot hope for thy truth.

Psalms 96:4

4 For the LORD *is* great, and greatly to be praised: he *is* to be feared above all gods.

- B. There is no reason better than God for us to act crazy and foolish.
- C. People act crazy and foolish for sports.
- D. People act crazy and foolish for prizes.
- E. I think we ought to act crazy and foolish for Jesus.

VIII. The final word for praise is Tehillah.

A. This is open, public, absolute uninhibited praise.

1. Song, dance, clapping, singing and shouting.

B. It is through this type of praise battles are won:

2 Chronicles 20:22

22 And when they began to sing and to praise, the LORD set ambushments against the children of Ammon, Moab, and mount Seir, which were come against Judah; and they were smitten.

C. When we praise with this kind of praise, people will see it and learn to trust in God:

Psalm 40:3

3 And he hath put a new song in my mouth, *even* praise unto our God: many shall see *it*, and fear, and shall trust in the LORD.

D. Salvation is God's gift to us.

E. Our praise is our gift to God.

F. No wonder David finished Psalm 150 with, "let everything that hath breath, praise the Lord...praise ye the Lord."

G. Somehow, someway Praise Him!

H. No matter what...Praise Him!

I. No matter when...Praise Him!

J. No matter how...Praise Him!