

You Are What You Eat

Roma 6:6 Knowing this, that our old man is crucified with [him], that the body of sin might be destroyed, that henceforth we should not serve sin.

Romans 6:3 Know ye not, that so many of us as were baptized into Jesus Christ were baptized into his death?

Romans 6:11 Likewise reckon ye also yourselves to be dead indeed unto sin, but alive unto God through Jesus Christ our Lord.

Colossians 2:12-13 Buried with him in baptism, wherein also ye are risen with [him] through the faith of the operation of God, who hath raised him from the dead. And you, being dead in your sins and the uncircumcision of your flesh, hath he quickened together with him, having forgiven you all trespasses;

1 Corinthians 11:23-26 For I have received of the Lord that which also I delivered unto you, That the Lord Jesus the [same] night in which he was betrayed took bread: And when he had given thanks, he brake [it], and said, Take, eat: this is my body, which is broken for you: this do in remembrance of me. After the same manner also [he took] the cup, when he had supped, saying, This cup is the new testament in my blood: this do ye, as oft as ye drink [it], in remembrance of me. For as often as ye eat this bread, and drink this cup, ye do shew the Lord's death till he come.

YOU Show the Lord's death til He come.

1 Corinthians 10:17 For we [being] many are one bread, [and] one body: for we are all partakers of that one bread.

You are the bread.

When the disciples were instructed by Paul to take communion, they were told of Jesus' statements that His Body is represented by the Bread that is BROKEN FOR THEM.

The WINE was the symbol for His BLOOD.

And eating that bread and drinking that blood caused THEM TO SHOW THE LORD'S DEATH.

God has made a way for the death of Jesus to become your death.

- How?
- You are baptized into His death.
- And the church holds communion every now and then afterwards.
- Each time we eat the bread, we are reminding ourselves we are ONE BODY AND ONE BREAD.
- We each ate the same bread together.
- And 1 Corinthians 10:17 says we are one body and one bread BECAUSE WE ALL PARTOOK OF THAT ONE BREAD.
- And if the BREAD represents the BODY OF JESUS BROKEN IN DEATH, THEN WHAT THIS IS SAYING IS THAT WE ALL PARTOOK OF THAT ONE BODY THAT WAS BROKEN IN DEATH.
- WE ALL PARTOOK OF THAT DEATH.

WE SHOW THE LORD'S DEATH.

We're involved in the Lord's death.

WE ARE WHAT WE EAT.

We eat the broken bread which is His flesh broken in death.

- It is OUR DEATHS.
- We remind ourselves as we eat that WE DIED WITH HIM.
- Putting that bread into you is making that Death of Jesus YOUR death.
- You are reminding yourselves that HIS DEATH WAS YOUR DEATH.

YOU ARE WHAT YOU EAT.

- You eat the symbol of the body of Christ broken in death and put it in you.
- It's like taking that truth and applying it to you.
- Putting His death in you.
- Making it your death.
- You already died with Him once when you were baptized into the death of Jesus, but you always need to remind yourself of this fact.
- Communion reminds us.
- Communion is a remembrance.

You remind yourself that the experience of your baptism into His death is the beginning of the process of what saves you from sin.

WATER BAPTISM GETS RID OF YOUR OLD LIFE.

- Its putting your old life into the death of Jesus Christ, making it your own death, so that your old man is crucified and buried!

Then there is another baptism.

John 3:5-7 **Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and [of] the Spirit, he cannot enter into the kingdom of God. That which is born of the flesh is flesh; and that which is born of the Spirit is spirit. Marvel not that I said unto thee, Ye must be born again.**

Then there is SPIRIT BAPTISM.

WATER BAPTISM PUTS YOUR OLD LIFE TO DEATH, AND SPIRIT BAPTISM PUTS YOU INTO THE RESURRECTED BODY OF CHRIST.

1 Corinthians 12:13 **For by one Spirit are we all baptized into one body, whether [we be] Jews or Gentiles, whether [we be] bond or free; and have been all made to drink into one Spirit.**

The Bible speaks of ONE BAPTISM in Ephesians. 4:5.

But we read there are two parts of it.

Hebrews 6:2 **Of the doctrine of baptisms,...**

"BAPTISMS" Plural.

We show the Lord's death until He comes, because until He comes we are going to have to hold onto to our profession.

- Until He comes we are going to have to remind ourselves WE ARE WHAT WE EAT.
- His death is my death.
- We EAT it into our lives, representing the truth that His death is our deaths.
- THAT IS WHAT SAVED US.
- We remind ourselves BAPTISM INTO HIS DEATH SAVED US OUT OF THE WORLD.

When a person literally dies and leaves this old world, they are no longer part of this world.

- They exited this world.
- AND THAT IS WHAT WE REMIND OURSELVES every time we take communion.
- Our deaths with Jesus caused us to leave this world.

Many think their good deeds will cause God to take them to heaven one day, saving them.

- But God is only taking His family home with Him.
- It's not a matter of being good, but it's a matter of whether or not you are in the family!

Ephesians 3:14 -15 For this cause I bow my knees unto the Father of our Lord Jesus Christ, Of whom the whole family in heaven and earth is named,

God is finished with the old creation, and is replacing it with a new one.

- Adam's family is going to be gone one day forever.
- Right now, God has begun the process of birthing people into His family.

1 Corinthians 15:22 For as in Adam all die, even so in Christ shall all be made alive.

ALL in Adam will die.

EVEN THE GOOD PEOPLE IN ADAM.

Religion got it all mixed up.

Its CHANGING CREATIONS that saves us.

And ONLY GOD CAN DO THAT.

This morning I told the church that the unclean people who touched a dead body were permitted to take part in the PASSOVER each year, although they could not enter the tabernacle.

Furthermore, the clean who chose not to get involved in Passover was cut off from Israel.

- The one who had not touched a dead body!
- The one who was not defiled!
- He had to take it as much as the unclean had to take it.
- His cleanness should not be taken and considered anything of his own doing.
- He requires the blood of Jesus just as much as the unclean person did.

The instance of the unclean man being forbidden to take part in the Passover shows us the concept people have in the goodness of humanity.

- They think it is our goodness that determines our state of being before God.
- If one chooses to get involved in religion, then one had better be clean!
- But a clean one does not have to be involved.
- It's only a nice thing to get involved in if you want to.
- But only the uppity can get involved.
- This thing is not for the mongrels of society.

God smacked that entire idea.

FOLKS...GOOD OR BAD, YOU NEED GOD...OR YOU ARE LOST.

CHRIST IS OUR PASSOVER, and GOOD OR BAD, everyone must come to Christ!

Because the real Passover is foreshadowed by the old one.

- Good or bad, everyone had to walk through a door with blood around it to be saved from death.
- No amount of good works could save a single one of them.
- THEY HAD TO ENTER A DEATH.

Look at the wasted time Paul experienced in trying to do good and avoid evil IN HIS OWN POWER.

You need to get IN CHRIST Jesus.

THEN and only THEN will GOOD come from our lives.

Luke 18:11 **The Pharisee** stood and prayed thus with himself, God, I thank thee, that I am not as other men [are], extortioners, unjust, adulterers, or even as this publican. **I fast** twice in the week, **I give tithes** of all that I possess. And **the publican**, standing afar off, **would not lift up so much as his eyes unto heaven, but smote upon his breast, saying, God be merciful to me a sinner.** I tell you, this man went down to his house justified rather than the other: for every one that exalteth himself shall be abased; and he that humbleth himself shall be exalted.

Notice the PHARISEE boasted of everything HE DID.

But his upstanding moral livelihood would not move God one inch to justify him.

ON THE OTHER HAND, the publican boasted of nothing HE DID, **but CALLED OUT TO GOD FOR HELP.**

- **He asked God to do something.**
- **Be merciful to him.**

That which saves us cannot be done by anybody but GOD HIMSELF!

And taking the elite of society, and the dregs of the Jews, and showing that the worst is justified before the Pharisee due to calling on God rips the carpet of flesh-religion out from beneath the feet of anyone!

Matthew 18:15 **Moreover if thy brother shall trespass against thee, go and tell him his fault between thee and him alone: if he shall hear thee, thou hast gained**

thy brother. But if he will not hear thee, then take with thee one or two more, that in the mouth of two or three witnesses every word may be established. And if he shall neglect to hear them, tell it unto the church: but if he neglect to hear the church, let him be unto thee as an heathen man and a publican. Verily I say unto you, Whatsoever ye shall bind on earth shall be bound in heaven: and whatsoever ye shall loose on earth shall be loosed in heaven. Again I say unto you, That if two of you shall agree on earth as touching any thing that they shall ask, it shall be done for them of my Father which is in heaven. For where two or three are gathered together in my name, there am I in the midst of them. Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times? Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven.

If you looked for the AMOUNT OF GOOD DEEDS as opposed to the AMOUNT OF BAD DEEDS, the man who committed one sin, but refused to repent would have been justified.

But the Kingdom of God is not about taking the BETTER people into heaven.

- ITS ABOUT WHETHER GOD DID THE SUPERNATURAL WORK OF PUTTING YOU INTO THE NEW CREATION OR NOT.
- SINCE WE'RE SAVED BY ONLY WHAT GOD CAN DO, THEN THE MAN WHO COMMITTED 490 SINS IS SAVED BECAUSE HE CALLED ON GOD TO DO A WORK THROUGH HIS REPENTANCE.

Read these very carefully.

Look at what the Bible says SAVES US.

NOTHING WE CAN DO.

ALL GOD'S WORKS.

You'll never hear legalists read these verses.

2 Corinthians 3:18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

Romans 8:29 For whom he did foreknow, he also did predestinate to be conformed to the image of his Son, that he might be the firstborn among many brethren.

2 Corinthians 5:17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

Romans 12:2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Romans 13:14 But put ye on the Lord Jesus Christ, and make not provision for the flesh, to fulfil the lusts thereof.

1 Corinthians 15:49 And as we have borne the image of the earthy, we shall also bear the image of the heavenly.

Galatians 6:15 For in Christ Jesus neither circumcision availeth any thing, nor uncircumcision, but a new creature.

Ephe 4:22-24 That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; And be renewed in the spirit of your mind; And that ye put on the new man, which after God is created in righteousness and true holiness.

Colossians 3:10 And have put on the new man, which is renewed in knowledge after the image of him that created him:

Titus 3:5 Not by works of righteousness which we have done, but according to his mercy he saved us, by the washing of regeneration, and renewing of the Holy Ghost;

2 Peter 1:5-9 And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge; And to knowledge temperance; and to temperance patience; and to patience godliness; And to godliness brotherly kindness; and to brotherly kindness charity. For if these things be in you, and abound, they make you that ye shall neither be barren nor unfruitful in the knowledge of our Lord Jesus Christ. But he that lacketh these things is blind, and cannot see afar off, and hath forgotten that he was purged from his old sins.

Romans 8:4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

2 Corinthians 3:17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

Look at all those verses carefully and show me one note of YOU DOING THE WORK YOURSELF IN YOUR OWN POWER.

YOU CANNOT FIND IT.

Feel useless and hopeless?

- You have the same root problem the self-righteous folks have who are hypocrites.
- You abandon all hope in ever being a good Christian BECAUSE ALL YOU EVER THOUGHT OF IS MAKING YOURSELF GOOD in your own power.
- AND IF YOU CANNOT DO IT, THEN YOU THINK YOU WILL NEVER BE GOOD.
- TRY CALLING OUT TO GOD TO DO IT!

In a day when all men had was the works of the law and their own wits....

Job 25:1 Then answered Bildad the Shuhite, and said, Dominion and fear are with him, he maketh peace in his high places. Is there any number of his armies? and upon whom doth not his light arise? How then can man be justified with God? or how can he be clean that is born of a woman? Behold even to the moon, and it shineth not; yea, the stars are not pure in his sight. How much less man, that is a worm? and the son of man, which is a worm?

What misery to think we could never be right in God's eyes!

Bildad did not know the answer.

- Paul did:

Romans 5:1 Therefore being justified by faith, we have peace with God through our Lord Jesus Christ:

All that the rules of the New Testament are for are to KEEP US SAFE FROM SIN after we are saved.

BUT RULES NEVER SAVED ANYBODY.

People go wild over unnecessary and impractical rules because they think rules save us!

FAITH IN GOD'S WORKS OUTSIDE OF YOUR ABILITY SAVES YOU AND CHANGES YOU!

Romans 4:6-8 Even as David also describeth the blessedness of the man, unto whom God imputeth righteousness without works, Saying, Blessed are they whose iniquities are forgiven, and whose sins are covered. Blessed is the man to whom the Lord will not impute sin.

Titus 3:5 Not by works of righteousness which we have done, but according to his mercy he saved us, by the washing of regeneration, and renewing of the Holy Ghost;

You will DIE if you eat the forbidden fruit.

- If you think to improve yourself YOU WILL FAIL AND DIE.

WE ARE WHAT WE EAT.

We eat the symbol of Christ's dead body.

WE ARE DEAD WITH CHRIST.

2 Corinthians 5:14 For the love of Christ constraineth us; because we thus judge, that if one died for all, then were all dead:

I the above words DIED FOR ALL means ALL ARE DEAD, then what does the following mean?

1 Corinthians 11:24 And when he had given thanks, he brake [it], and said, Take, eat: this is my body, which is broken for you: this do in remembrance of me.
